

"Don't underestimate the value of doing nothing, of just going along, listening to all the things you can't hear, and not bothering."
"Pooh's Little Instruction Book"

Yes, I am late, but hope you all had a happy Halloween and wonderful October! This IS October's "Speak". The Pumpkin lantern was actually begun by the Celts with "Stingy Jack" (see story) lore about a miserable trickster who was sent to the underworld with just a "gourd" lantern...ergo the "Jack 'O Lantern"!

EVENTS AND MY NEWS FLASHES

"FUR SHUI"®

"Fur Shui"™ An Introduction to Animal Feng Shui.

Check out where little "Fur Shui" has been as of late at:
<http://furshui.blogspot.com>

This month the book went all around the SouthWest with Rainy. Into deep Caverns under Mt. Rushmore, Ghost towns and Mammoth digs! I have decided to extend the Tour deadline, so keep passing the book along...it has been such fun! Here are this month's Chakra read winners. Be sure to pass along the book, get

lots of signatures...if you want to join in...shoot me an e-mail.

*Left: Kari's Boo kitty
 Below left: Nancy's Ninja dog
 Center Below: Gloria's Willy Girl
 Lower right: Anthony and David's Lucy and
 Lola fur folks...thank you all!*



WHERE?



Paddling and picking up trash on Clean up day on Batiquitos Creek Reserve in Encinitas, CA

NEXT! Come on down to Dexter's Deli! **November 14 & 15. Saturday (Carlsbad) 11AM - 5PM, Sunday (San Elijo Hills) 11AM - 4PM,** Dexter's Deli Chakra reads for Give Some Life Charity! Come to the "once a year" energy chakra reads at Dexter's Deli in both Carlsbad and their brand new store in San Elijo Hills. A portion of the \$25. fee will be given to the charity of Give Some Life; a Baja low cost spay and neuter facility. Carlsbad: 760.720.7507 or in San Elijo Hills:

760.471.9500...tell them Paula sent you!

Hey, hope you all had a great October. A once a year opportunity to actually be on the water with reserve H2O creatures, birds and wild life with the Batiquitos Creek clean up. Keep things clean, pack out your trash! Halloween found some fun at Bull Taco food spot at Cardiff By the Sea. Yum...lots fun with great folks from my walking group!

"Fur Shui" enjoying Halloween AM with friends at "Bull Taco", Cardiff by the Sea.

All information to be used only (©) in this News Sheet, please contact Paula Brown @ paula@animalhearttalk.com with any requests.

WHO, HOW AND WHAT?

Fun Halloween story!

A snippet of Celtic legend for your fall fancy about "Stingy Jack"! Stingy Jack was a miserable drunk, a trickster and a miser. He ran into the devil in a Pub and exchanged his soul for the price of a drink. The devil turned himself into a sixpence which Jack snatched and placed in his pocket next to a cross he carried...making it impossible for the devil to change back until he agreed not to come for Jack's soul for 10 years. After 10 years the devil came back to take Jack. Jack asked for one last thing, an apple from a tree, when the devil jumped into the tree to get him the apple Jack surrounded the tree with stakes of crosses, trapping the devil. Jack then made a final deal with the devil not to take his soul when he died...the devil had to agree. When Jack passed he went to the heavenly gates and was refused entrance due to his horrible miserly life...Jack then went down to the doors of hell and the devil would not admit him, for the devil had to keep his promise. After pleading to enter, all the devil could do was throw Jack a fire ember, Jack grabbed the ember and put it in his favorite food a turnip and created a "lantern" to light his dark path on which he still wanders with his "Jake O' Lantern"!

HIV news in the animal world.

Turns out the swine flu can also find your pets. Want you all to be aware. Here's what Dr. Andrew Jones, DMV, Canada has posted in his e-mail letter: "The Canadian Press

Canadians are lining up for H1N1 shots but their furry friends can't, even though they may also be susceptible to the virus. On Wednesday, U.S. officials confirmed that a 13-year-old cat was infected with swine flu. The domestic short-hair was treated last week at Iowa State University College of Veterinary Medicine and has recovered.

"This may be the first instance where we have documentation that transmission occurred involving cats or dogs," said U.S. Centers for Disease Control and Prevention spokesman Tom Skinner. Swine flu was also confirmed in two pet ferrets in Oregon and Nebraska. Stormy, one of four pet ferrets owned by a Nebraska family, died last week after all the animals contracted H1N1 influenza from their owners.

Scott Weese, an expert in zoonotic diseases at the University of Guelph, said the animal cases underscore the need for owners of companion animals to realize that "pets are part of the household microbiologically, not just socially."

Ferrets, which are often used as a research model for infectious diseases in humans, are likely the pets most vulnerable to flu strains.

Pet birds, pot-bellied pigs and felines are also likely susceptible.

Dogs have their own influenza, but there is little likelihood of Fido infecting humans or vice-versa, Weese said.

Equine influenza also doesn't affect humans.

To avoid spreading H1N1 to pets, Weese recommended avoiding close contact, especially face-to-face, and washing hands frequently."

More info from Dr. Jones at: <http://www.theonlinevet.com/>



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