

"You are the music while the music lasts." T.S. Eliot

A Happy Holiday to all and to all some good cheer, rest, joy and peace! It is the Winter Solstice this Monday December 21st. For me, it is the birth of new things, new ideas and a great time to get into touch with your heart's desire. Hug a tree, hug an animal, and hug each other, be merry and joyful!

EVENTS AND MY NEWS FLASHES

"FUR SHUI®"

"Fur Shui"™ *An Introduction to Animal Feng Shui.*

The Tour de Fur is still going strong...taking some time out for the holidays. Check out the Tour blog at <http://furshui.blogspot.com> for new locations and fun. "Fur Shui" also made a statement in this month's "Fido Friendly" magazine...my article in Crate and Home...go buy the 40th anniversary copy and get some oh so wonderful traveling and "at home" ideas for your pooch!

Go to: www.fidofriendly.com to subscribe.

Check out my article in Fido's 40th Anniversary issue!



WHERE?

HUGE NEWS!!! "FUR SHUI" IS NOW IN ITALY!!!

Yes Virginia, there is a Santa Claus...or maybe Santa Claws! My book is finally released in Italy...the headline in Italian is "The Tao of the Cat and Man's Best Friend". So excited to see the book in Italy. Plans for a trip this spring to speak and visit "Fur Shui's" new

home across the sea. Ciao and Bella!

In Italy, cats go: "Rron, Rron" translates to "Purr, Purr"!



It IS a very merry Christmas for me and "Fur Shui"!



All information to be used only (©) in this News Sheet, please contact Paula Brown @ paula@animalhearttalk.com with any requests.

WHO, HOW AND WHAT?

Winter Solstice, 9:47AM (PST), Monday, December 21, 2009

The shortest day, longest night is upon us. This event is seen as the reversal of the Sun's waning, so it signifies all sorts of new births, or rebirth of lots of things from Sun Gods from the Greek mythology of all the gods and goddess' meeting on Mt. Olympus and letting Hades join them on the Mt. "Reversals" are also a theme on this day with Saturnalia's slave and master reversals (akin to "Boxing Day" in England).

Since "Fur Shui" is now in England and Italy...here are some customs of the holidays from each country!

Christmas in England:

"The hanging of greens, such as holly and ivy, is a British winter tradition with origins far before the Christian era. Greenery was probably used to lift sagging winter spirits and remind the people that spring was not far away. The custom of kissing under the mistletoe is descended from ancient Druid rites. The decorating of Christmas trees, though primarily a German custom, has been widely popular in England since 1841 when Prince Albert had a Christmas tree set up in Windsor Castle for his wife Queen Victoria, and their children." *Wikipedia*

Christmas in Italy:

"The popularity of the Nativity scene, one of the most beloved and enduring symbols of the holiday season, originated in Italy. St. Francis of Assisi asked a man named Giovanni Vellita of the village of Greccio to create a manger scene. St. Francis performed mass in front of this early Nativity scene, which inspired awe and devotion in all who saw it. The creation of the figures or pastori became an entire genre of folk art." *Wikipedia*

Traveling with your animal this holiday season?

Keep your animal safe when traveling...always have a sturdy crate / travel cage as well as ID tags, plenty of water, bathroom "pauses" and of course their favorite toy or blanket for comfort. Try a drop of Rescue Remedy Flower Essence at least 1/2 hour before you begin your travels...it adds comfort for your fur friend! Below is one of my favorites from "The Honest Kitchen". For a bright, healthy, happy and informed New Year, sign up for their newsletter at: <http://www.thehonestkitchen.com>
"Take along a first aid kit for you and your animal companion, just in case. Along with the usual essentials like bandages, wound cleanser, tweezers and a soft muzzle, take along some Rescue Remedy, along with the homeopathic remedies Apis (bites and stings) Arnica (bumps and bruises) Arsenicum (vomiting and diarrhea) all in the 30c potency pellets and Calendula cream for minor cuts and scrapes." May, 2009 Newsletter

Special Feng Shui session offer starting January 1, 2010 in honor of "Fur Shui's" Italian Release!

Why not begin the year with a little Feng Shui energy booster?! I am offering a special rate of \$279 (normally \$306) for a 2 hour basic home or office feng shui session. The special goes from January 1 until February 1, 2010. Get ready for the new year with some powerful "chi" direction and balance! Just give me a call at 760.753.1954 to set up an appointment. I work both in San Diego and Los Angeles area! **Wake up and Shake up your Chi!**

2 hour Feng Shui session at \$279. - 1.1.10 to 2.1.10 Call 760.753.1954

Thanks for reading...if you wish to not receive,e-mail me at: paula@furshui.com and ask to "unsubscribe"