

"The good old days are now" Tom Clancy

Summer means some sizzling temps for both humans and fur folks to be WELL hydrated. Be sure to protect your dog's paws from the hot pavements and surfaces as well. Keep all in cool air, add a moist kerchief around the collars, keep that water bowl very full. Hiking, keep drinking water, AND have fun!

EVENTS AND MY NEWS FLASHES

"FUR SHUI®"

"Fur Shui"™ An Introduction to Animal Feng Shui.

Summer is busting out with places to go for Fur Shui. Hit the beach! Sanibel Island was a favorite for the book, guest of both good friends, Jean and Jean! Warm beautiful water and sunsets. "Hello" to the Florida beaches...just great! Check out the books latest "whereabouts" at: <http://furshui.blogspot.com>



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Appearing a bit "sun burnt" in the Florida atmosphere, Shelling was great on Sanibel and so was watching the cranes and fishermen on Lighthouse pier with Jean!



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WHERE?

Summer is in full bloom and swing. Lots to explore and learn this summer. BioMimicry workshop at the San Diego Zoo along with some nice moments with Butterflies at the Zoo's Safari Park. Biomimicry facts that really are "bio-



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inspiration" items that we take from nature and advance our own well being: The colors on butterfly wings are actually small "scales" that "stand up" off the surface to reflect the various light rays...inspire our technology for touch screen vivid color. Giraffes provide us with inspiration for efficient "pumping" of blood up from their chest to their head. We use this clever natural function as inspiration in all sorts of pump technology for people and buildings!



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Some More Cat Facts:

More cat facts from David MacBunch's e-mail! Most cats have no eyelashes. The average age for an indoor cat is 15 years, while the average age for an outdoor cat is only 3 to 5 years. (Please spay and neuter!) A house cat spends 70% of its time sleeping. (YES!)

Rocky the cat loves the summer flowers

WHO, HOW AND WHAT?

Animals, esp. dogs...and the big summer "boomers", fireworks & storms.

How did your fur folks do over the loud July 4th celebration? It is tough for them to have a relaxing celebration. Many animals get so very upset due to the noisy fireworks as well as the hectic activities all around them. My own cat Rocky had a nervous night this past July 4. The remedy I always use is a drop of diluted Rescue Remedy on the nose about an hour before "show time". Flower essences are great for helping calm and animal and people too! A combination of Mimulus (used for fear of loud noises...things that go boom in the night) and Rescue Remedy is quite common to help the emotional body get through loud and unexpected disturbances. Flower essences balance out the emotional body in people and animals! Thunder and lightning are a big reason lots of dogs break out of fenced in yards, homes, etc. ending up in local humane shelters if they are lucky. This is often called "storm phobia"; a dog or cat's attempt to hide, cower, howl, claw, pacing, panting wildly, and running uncontrollably...a real nightmare for both animal and person during a storm and severe drops in the barometric pressure. The results are both psychological, with tremors of fear as well as physical, with torn claws, paws, teeth, and other body damage.

DO NOT IGNORE the early signs of hiding under a bed or quivering as noise happens...the behavior only gets much worse if not addressed quickly...it is progressive in nature.

What to do:

This is not "babying" your pet, you just can not ignore the situation. Provide something that is a distraction...like tossing a ball, play toy, etc. Stay with your pet and re-assure them that all is "safe", while you lightly stroke their head, back or body. Putting pressure on the body is a good calming effect...check out what Temple Grandin has to say about "softly squeezing" and applying pressure...it IS calming! There is an actual "shirt" that gives pressure...called a "Thundershirt" and you can find them at: www.thundershirt.com

Give your dogs some good treats, play with them, give them something else to concentrate on with having you there as a great reassurance.

Put some music on that "out sounds" the scarmmy noise.

If your pet can not eat or play...let them find a safe place, their crate, bed, closet or enclosed space. They need to feel safe and best be it "inside" your home.

Be sure to ALWAYS have your dog and cat's ID on their collar or neck. I am not a big fan of "chipping" an animal...due to the heart chakra path being right in the area the chip is inserted. But, ID is essential to have on your pet.

AND, utilizing a behavior specialist and animal communicator DOES define the issue, recognize it and bring it into better understanding and hopefully a positive result for both you and your pet!