

"Autumn is a second spring when every leaf is a flower." *Albert Camus*

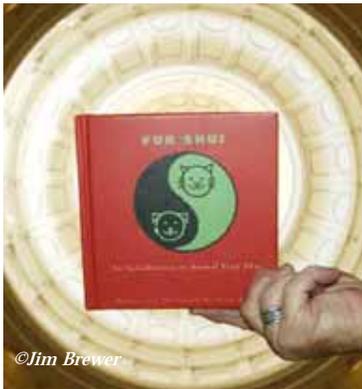
Happy Spring! Time to get out and get into Nature, time to re-new. Seems like here in SoCal, the flowers and trees are a bit early, but what a pretty sight to see the cherry blossoms, wisteria, new leaves already. Today is one of two yearly Equinox days when there is close to equal day and night...so enjoy "equally"!

EVENTS AND MY NEWS FLASHES

"FUR SHUI®"

"Fur Shui"™ An Introduction to Animal Feng Shui.

SPRING! Fur Shui has been traveling again. This time to Austin Tx. Visited the state house, admired the capital this past holiday season. Doing some research during the election year it seems. Fur Shui is finds a "healthy balance" with this gold circle coming from the center Capital dome. Check out the books latest "whereabouts" at: <http://furshui.blogspot.com>



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Look "up" into Austin's capital rotunda and there is Fur Shui! Thanks Jim for taking some great shots of your travels and the book.

WHERE?



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Settling into LA at present, discovering all the beauty of the South Bay area as well as hiking the San Gabriel Mt. a bit. Going to be leading a "hike and sketch journaling" event at the IRC on Sunday May 13th...if local, check it out and sign up for the program (you really don't have to be able to draw) click on "May", scroll down and sign up at: <http://www.irlandmarks.org/> Happy Chinese New Year of the Water Dragon!!! Was a fun night with Feng Shui Master Nate Batoon this past February.

AND, you know I have moved...my new contact number is: 310.548.1777, hope to hear from you soon!

Eaton Falls above, Arroyo Canyon below. Feed the Dragon for good luck in this the Year of the Water Dragon!



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WHO, HOW AND WHAT?

Spring Equinox!

Did you know that the Spring Equinox marks the New Year for the Iranian Calendar and many Egyptians celebrate this day as a holiday as far back as 2700BC? Spring comes for us all and is celebrated around the world today with the "World Story Telling Day". It is also the day in Annapolis, Maryland, US of the "Burning of the Socks Day"...a day in which sailors burn their warm winter socks, officially shedding them for warmer times and the next fall equinox. Thank you "Wikipedia"!

From: <http://www.schooloftheseasons.com> *"The month of March contains holidays dedicated to all the great mother goddesses: Astarte, Isis, Aphrodite, Cybele and the Virgin Mary. The goddess shows herself in the blossoms, the leaves on the trees, the sprouting of the crops, the mating of birds, the birth of young animals. In the agricultural cycle, it is time for planting. We are assured that life will continue."*

As one would expect, there are nesting couples in the trees, buds bursting all around and flowers popping up letting us know the days are warmer and longer. There is even a new "scent" coming from the earth...signs of new micro-organism increased growth the animals pick up very keenly...time to pair up and create family.

Please honor the wild ones that are nesting now...give them solitude, peace and quiet...don't come too close, they abandon their nests and family!

Flower Essence Animal Tips for Spring

Flower Essences can help balance an animal's emotional body and help with all the "new" things of Spring! Here are a couple of essences that are used for "change" and new life. ALWAYS dilute essences when giving to fur folks...write to me, and I will send you the "how to do this" note!

Walnut: Use this Essence for any type of change happening around the house, to the animal, for the new spring puppy coming home. Walnut facilitates change!

Hornbeam: This is an Essence that many organic gardeners use to help give extra tender new energy for growth when planting seeds. Hornbeam is a great addition to give a bit of new energy to any fur folk just "waking up" from a long winter's sleep!

Happy Spring!!!

Some cat facts:

Cats NEED meat and no grain for best health...check out the NEW "Prowl" (my cat Rocky loves this!) from my friends at The Honest Kitchen: <http://www.thehonestkitchen.com/> High quality dehydrated raw



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food...Yummmmmn!

Cats have 290 bones in their bodies, and 517 muscles.

A cat's normal body temperature is 101.5 degrees. This is slightly warmer than a humans.

SnowBall the kitty finds Fur Shui a "must read"!



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Join me at the IRC for sketching, journaling, hiking and connecting to nature. <http://www.irlandmarks.org/>

Thanks for reading...if you wish to not receive;e-mail me at: paula@furshui.com and ask to "unsubscribe"