

“Love is the only gold” Lord Tennyson

Happy Spring and Happy Mom's day for all of you (you fur moms out there too) ! Lots of changes now, flowers blooming, longer days. Biggest change for me was the passing of my fur love Rocky the cat. He now is helping me in spirit form. Will be getting Speak out more often now that things are settling!

**EVENTS AND MY NEWS FLASHES**

**ANIMAL SPIRIT GUIDE WORKSHOP!**

*Connect up with your Animal Spirit Guides.*

For all you folks in and around LA...I will be doing fun “journeying” to find and get messages from your animal spirit guides. NO meditation experience needed! A guided meditation / journey that puts you in touch with what spirit animals are supporting, comforting, and guiding you right now! Are they walking with you to help you find love, strength, life direction, play, career? Ask for their help, and what their teachings are for you.



**Details:**

**June 1, 2013 - Saturday - 2PM-4PM**

**Fee: \$30 (Must pre-register, pay at workshop)**

**Aum & Garden**

**13363 Ventura Boulevard**

**Sherman Oaks, CA 91423**

*Bring a notebook and pen or pencil to journal or sketch. Please bring your own water and any “dry snack” you need. Parking info given upon register.*

**Call Paula to register: 310.821.3872**

**WHERE?**

Recently enjoyed great slack key guitar concert at the Broad Theatre featuring George Kahumoku Jr. George not only is a premier slack key composer and guitarist...he is a “green” farmer on Maui. I visited him on his farm recently and mingled with baby goats, sheep, and enjoyed his organic crops experiencing his chef expertise! For great music:

<http://www.kahumoku.com/>

Some Hawaii photos and my plein air paintings to come! Recently enjoyed finding all the new trends at the LA Mart Spring show, orange is the new red!



*Fur Shui joins my friend Judy (left: Mom of Sophie dog) checking out new spring Design trends at the LA Mart!*

**WHO, HOW AND WHAT?**

“FUR SHUI”

“Fur Shui”<sup>®</sup> *An Introduction to Animal Feng Shui.*

**Fur Shui is now in larger format and Kindle!** Finally have Fur Shui in 2nd edition. A few great changes that make it even better and bigger. Now in paperback large format and in Kindle. You can go to my site at [www.fur-shui.com](http://www.fur-shui.com) and purchase by link.

**CHALLENGE:** Be the **first** to put a **5 STAR review** on Amazon (for the 2nd edition) at: <http://amzn.to/XHWYQI> and I will send you a free copy of the new book. Send me a link to your review, the time and date you placed the review as proof to win!

**It's spring, green grass, flowering plants, and “waking up” the allergies:**

Spring brings new beauty as well as itching and other allergic reactions your animals can have due to pollen, temps, and insects.

Go to the net to research allergies and symptoms! A good start is at Dr. Foster & Smith: <http://bit.ly/17f3N1A> Licensed Animal Acupuncturists and holistic vets can be your best resource for relief if hot spots and allergies strike.

**Fleas and ticks:** These little guys are now ramping up, chomping on your pet and invading your home. Keep your carpets clean and dry by sprinkling Borax (Borateen) on your rugs and vacuuming. Fleas hate “dry”! Here's a good start from The Daily Green: <http://bit.ly/15zEF6d> Be diligent about using your flea comb! Consult your vet or holistic practitioner BEFORE you give any chemical flea treatment. Check the labels on your yard / grass sprays and fertilizers to make sure they don't cause toxic reactions for your pets.

**Flower Essences:** Flowers are pretty...they also can heal. A possible confusion for people: in contrast “essential oils” are NOT flower essences and these are toxic to cats...never use these on cats. One great essence for environmental allergies is: YARROW. Give me a call for essence dilution instructions and a custom Flower Essence read!

**Goodbye to Rocky Cat.**

Speak has not been sent out recently due to my taking a bit of a break to heal and give respect to the passing of my fur folk Rocky. For almost 17 years Rocky has been my fur “side kick” in life, in helping heal others and their fur folks. A VERY special old little soul with big love for all. He is now helping me from his home in spirit, moving positive change, adding loving people to my life!

He gave me a “Wonderful World” ...

I see trees of green,  
red roses too.  
I see them bloom,  
for me and you.  
And I think to myself,  
what a wonderful world...



**Thank you Rocky!**

*Rocky, Christmas 2012...thank you for all your wisdom and love for just shy of 17 years!*