

"I wish I could write as mysterious as a cat." Edgar Allen Poe

It's been a warm summer so far here in SoCal. Finding relief in the shaded hiking paths at the Irvine Ranch Conservancy. The long summer days and moonlit nights are amazing to star gaze and hike in nature. Try to get out and enjoy these long days, take your binoculars, lots of things to look close at!

**EVENTS AND MY NEWS FLASHES**

**ANIMAL SPIRIT GUIDE WORKSHOP!**

Connect up with your Animal Spirit Guides.

For all you folks in and around LA...I will repeat a fun "journeying" to find and get messages from your animal spirit guides. NO meditation

experience needed! A guided meditation / journey that puts you in touch with what spirit animals are supporting, comforting, and guiding you right now! Are they walking with you to help you find love, strength, life direction, play, career? Ask for their help, and what their teachings are for you.

**Details:**

**August 3, 2013 - Saturday - 3:30PM-5:30PM**

**Fee: \$30 (Must pre-register, pay at workshop)**

**Aum & Garden**

**13363 Ventura Boulevard**

**Sherman Oaks, CA 91423**

Bring a notebook and pen or pencil to journal or sketch. Please bring your own water and any "dry snack" you need. Parking info given upon register.

Call Paula to register: 310.821.3872



**WHO, HOW AND WHAT?**

**"FUR SHUI"**

"Fur Shui"® An Introduction to Animal Feng Shui.

Fur Shui is now in larger format and Kindle! Now in paperback large format and in Kindle. You can go to my site at [www.furshui.com](http://www.furshui.com) and purchase by link.



Fur Shui was found enjoying a Sycamore tree at Limestone Canyon, IRC, CA!

**It's kitten season, time for new life and new adoptions!**

I too have been busy. Found a five kitten litter on my patio. Now am busy finding homes for all of them. Stray mom is now spayed and doing well and her kittens are being lovingly tamed. What a lot of activity. Can you help out all? PLEASE spay and neuter your pets so all fur folks can have the chance to live good, healthy lives. The shelters are brimming with kittens, please find space in your heart to take one in to give you tons of love and joy. Send me an e-mail if you can help with adoption!

**Do you have a Sr. Pet?**

Many times I have done communications with our "Sr." wise pets! They do grow older, and as they age, they have challenges just like us non fur folks.

Being aware of adding some Omega 3 oils as well as some good supplements for smooth operating muscles and joints will help with some of the more common aging challenges.

I give my animals Omega 3 oils...a good source of products for your pet is from Animal Essentials: <http://animalessentials.com/> My cat gets a "fish" a day with his Fish Oil Plus in convenient "snip the tail" capsules. Great organic, premium supplements and herbal tinctures!

In this information from Dr. Andrew Jones, DVM you can see some of the "general" signs to look for. "SIGNS: Your pet sleeps much more and plays less. He has a graying muzzle, poorer hearing and poorer vision. You may see cataracts. He may show abnormal signs, such as pacing, excessive panting, and barking at the wall.

CAUSES: Your dog is considered a senior when past the age of seven. Most cats are not considered seniors until the age of 10.

One "relief" could be:

GLUCOSAMINE. The most important supplement for arthritis, Glucosamine HCL (as opposed to Glucosamine Sulphate) is the best: dogs should get 1/4 of a 500 mg tablet per 10 lbs of body weight daily, cats need 1/4 of a 500 mg tablet daily."



Cruise through the summer!

One of the three little ones up for a new home...please give me a call if you can help!

**WHERE?**

It's summer, and what better way to enjoy it than to cool down in your own pool! Ahoy, this is Captain Haiku, Denise" fur love in sunny SoCal. Seems like he loves to float in a boat in their pool...who wouldn't? Denise just finished a wonderful book by the title of: "Don't Judge a Book by Its Cover". A children's book meant to educate folks about adopting loving animals...esp. if they are all black. Black dogs are the toughest to find homes for it seems. Denise is an expert, she is the chief education volunteer at the Burbank Animal Shelter. Go check out Denise's book at her site: [www.sunnydoginc.com](http://www.sunnydoginc.com)



Ahoy, it is Captain Haiku telling you to keep your fur loves cool and hydrated this summer!