

It's Fall! Time to take a breath, back from vacation, days are now more "crisp", birds are migrating to SoCal to find more abundant food and warmer temps. My favorite time of the year; with harvest, time to enjoy seeds we have sown this year. Do our "Fall Smiles" give love, generosity, and understanding to all?

EVENTS AND MY NEWS FLASHES

ANIMAL SPIRIT GUIDE WORKSHOP!



Connect up with your Animal Spirit Guides.

For all you folks in and around LA...I will repeat a fun "journeying" to find and get messages from your animal spirit guides. NO meditation experience needed! A guided meditation / journey that puts you in touch with what spirit animals are supporting, comforting, and guiding you right now! Are they walking with you to help you find love, strength, life direction, play, career? Ask for their help, and what their teachings are for you.

Details:

October 5, 2013 - Saturday - 10:30AM-12:30PM

Fee: \$30 (Must pre-register, pay at workshop)

Aum & Garden

**13363 Ventura Boulevard
Sherman Oaks, CA 91423**

Bring a notebook and pen or pencil to journal or sketch. Please bring your own water and any "dry snack" you need. Parking info given upon register.

Call Paula to register: 310.821.3872

WHERE?

I recently was invited to talk with Jaime Kalman hostess of "Motivational Chat" for Actors Reporter Productions. It was a fun hour to spend casually talking with Jaime about animal communications and my book Fur Shui...take a look at: <http://ow.ly/nKUZF>
It is an hour long show...tons of fun. Jaime is a fabulous hostess and empowerment coach at: www.inspiredhealingandawareness.com



I was recently on "Motivational Chat" with Jamie Kalman. (Photo courtesy of John Michael Ferrari)

WHO, HOW AND WHAT?

"FUR SHUI"®

"Fur Shui"® An Introduction to Animal Feng Shui.

Fur Shui is now in larger format and Kindle! Now in paperback large format and in Kindle. You can go to my site at www.furshui.com and purchase by link.

Check out the book's "travels" at <http://furshui.blogspot.com/>



Fur Shui and friends Jim and Ernie find a classic red Ford to check out at the Classic car street show in Encinitas, CA!

Fall Flower essence hints!

With the summer heat now subsiding, both fur and non furry folks are getting a nice rest from dry skin, overheating, a the rush of vacations. Time to relax a bit for the holidays! Lots of changes in seasons, length of days, back to school. Take some quality time to rest and get back into "schedule". Fur Folks DO need a reliable schedule and are glad to get settled in again. Get firmly balanced before winter comes. For all the recent "changes", *Walnut* flower essence is great to smooth out any left over ruffled feathers. *Olive* is great to help rebuild some physical reserves possibly stretched due to tons of summer activity! And, last but not least...*Rescue Remedy* is great to always have on hand for stressful situations and unexpected changes in schedules. Remember to always dilute the essences for fur folks. Send me a note and I will send you "how" to dilute Flower Essences.

Great links found recently on Twitter!

I love cruising Twitter feeds for tips from my trusted sources! Here are a few Tweets I want to share with you:

The Honest Kitchen @honestkitchen

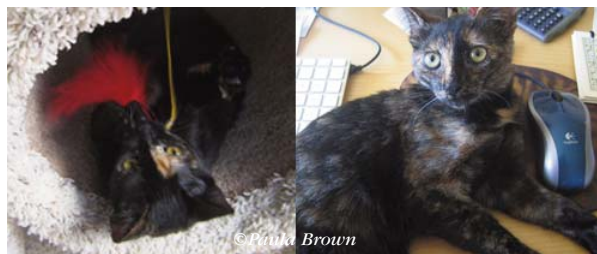
Excessive ear scratching and head shaking in dogs could be an ear infection. Discover #naturalpet remedies for ears. bit.ly/18lC4f2

Dr Richard Palmquist @DrRPalmquist 1h

Update on the compounding bill - keep on top of this so that our rights to necessary medications are not blocked.... <http://fb.me/2cKE412y2>

Best Friends @BFAS

Need a Monday pick-me-up? DON'T MISS this heartwarming story about two generous, kindhearted, donating kids: <http://bit.ly/18m2VFQ>.



Both my little kitties (Mystery L, Miracle R) are now with their new loving homes...thanks for all good thoughts and thanks to Sarah and Peggy for adopting!!!!