

“The sun shines not on us but in us.” *John Muir*

Shifting into summer with social distancing, into the heat for our Northern Hemisphere. AND, my new website is re-launched and shining! See below for a fun challenge. Our long “safe isolation” has created a new definition for “odd” behavior for our fur loves: “Displaced Behavior”. Read a bit below!

EVENTS AND MY NEWS FLASHES

Celebrating my renewed, re-launched, animal website: www.animalhearttalk.com Giving a mini “scavenger hunt” for folks to find the answers to 6 questions below...all found on the site!

5 prizes in total will be given.

Here are the questions to answer:

1. The quote: “I am grateful beyond words and wish I had found her earlier.” By Peggy...what city does Peggy live in?

2. List two examples of “When is a Heart Talk helpful?”: Any two from the list!

3. What are the TWO sizes available for Animal Essence Sketch Portraits?

4. Give me one Headline from my current blogs!

5. What class takes you from the “Ordinary into the Non-Ordinary” world?

6. What book did I illustrate and Author?

Send me your 6 answers via email!

PRIZES:

I will be looking at your emails coming in to me with the 6 correct answers for time and date. Please Email me your answers to: paula@animalhearttalk.com NO TEXTING or messenger notes will be considered.

FIRST PRIZE: The first to get all 6 correct answers in to me gets a COMPLIMENTARY ANIMAL CHAKRA READ!

SECOND PRIZE: The 2nd person to send me all the six correct answers receives a COMPLIMENTARY HUMAN CHAKRA READ!

THIRD PRIZE: I will give the next three folks getting me the 6 correct answers a complimentary 30 minute phone consultation with one YES / NO dowsing Q&A!

HOPE YOU ENJOY!

Check out Fur Shui's 2nd release: Larger format and Kindle. To purchase: [Fur Shui](#)

WHERE?

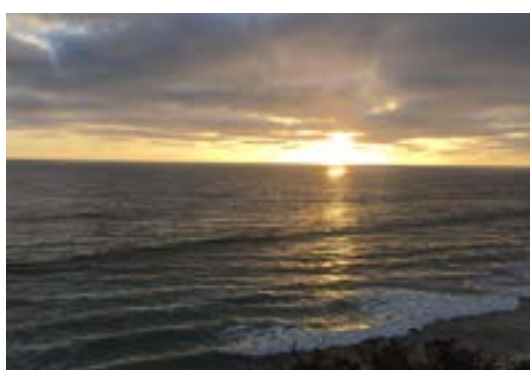
My art is now in the SCAPE (Southern CA Artists Painting for the Environment) show celebrating and benefiting the SBMM's (Santa Barbara Maritime Museum) 20th Anniversary! Take a look...40% of profits go to the Museum. Look for my art titles: “Go With the Flow” and “Moonstruck”. All are for sale and for a good cause!



My 9x12 pastel: “Go With the Flow” Ocean churn at Moonstone Beach

And, my recent birthday solar return took me to my old stomping grounds / home of Encinitas, CA. Enjoyed social distant visiting with a few close lovely friends and got to walk Early AM and sunsets along Carlsbad coast. Thanks Diane, Ed, and Kim!!!

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WHO, HOW, AND WHAT?

The “new” Displaced Behavior

Our own fears of lack, not having enough, not having clear schedules, breaking our pet's schedules and routines, and our fear and reality of “being alone” are all contributing to a pet's new possible weird behavior. *We have been “displaced”, so our animals also feel this, bringing chaos, unreliability, and abandonment fear into their world and souls.*

WHY?

A good article to read is from “Vox.com”: <https://www.vox.com/the-highlight/2020/4/24/21231806/coronavirus-pets-covid-19-cats-dogs>

Something INTERESTING. Dolphins and tools.

Found this good article about Dolphins learning fishing tools from others at ScienceAlert.com, enjoy!: <https://www.sciencealert.com/clever-dolphins-can-pick-up-fishing-tricks-from-their-friends>

Something important news about Kidney Failure in Cats.

Reading from Dr. Andrew Jones (The online vet: <https://www.theonlinevet.com/>) about best practices for kidney failure in cats (of which I have experienced with my cats) here are some interesting points!

“You should be focused on lowering this ONE ingredient, and it's NOT protein.

1. SIGNS: Your cat is drinking more water and urinating more often. Your pet may be losing weight, specifically loss of muscle mass, as the kidneys lose protein. As kidney failure advances, your pet may become weak due to anemia.”

2. “SOLUTIONS: FLUID, FLUID, FLUID. The most important thing that you can do for your pet with renal failure is to maintain adequate hydration. Offer lots of fresh water. If your cat is not a great water drinker, then make the switch to canned food.”

“PROBIOTICS: Azodyl is a natural probiotic which metabolizes and flushes out uremic toxins in the bowel.”

“PHOSPHORUS REDUCTION: In early stages of Kidney Disease, the single biggest mineral which damages the kidneys is phosphorus. Feed a diet lower in phosphorus and use phosphorus binders. ALOH: Aluminum Hydroxide (ALOH) is a phosphorus binder - it is odorless and tasteless and can be mixed with food (it must be administered with food). ALOH dose is ¼ teaspoon per 10 lbs daily. ANTACID: Famotidine (Pepcid) is a very safe OTC antacid that works very well in cats. The average cat dose The dose is 1/4 tab (2.5mg) per 10 lbs body weight twice daily.” *Dr. Andrew Jones*

Tip for “non fur folks” (that means us humans!) for dealing with the pandemic.

I have had many folks in overwhelm (including ME!) during this Covid journey. Help your pets, AND, help yourself too!



Makana cat helping me with the Journal...his purpose is to “help me work”!

I do chakra and essence work, can help with energy “shifts”. The mental health issues related to our lockdown and the pandemic are especially hard for people with depression. The wonderful charity MIND has a 24-hour helpline: 1 (800) 273-8255. Please pass this on to folks! Thank you!

Tell me about you and your fur folk's “story”! Join my Fur Folk Soul Stories Facebook group.

Please join the talk, contribute your own tips, shares, and love for all things “nature”...what's your “story”? Go to: <https://www.facebook.com/groups/576338039691377/>