

“Autumn days come quickly, like the running of a hound on the moor.” *Irish Proverb*

Happy Fall Equinox Sept. 23. Day of equal night and day! End of summer, nights are longer than the days. Time to get your pet's health & energetic “check up”! **My 40 minute Facebook Live “Animal Talk” session will address “aging pets & goodbyes” on Thursday, Sept 19, 7PM: <https://www.facebook.com/TheHeartofConversation/>**

EVENTS AND MY NEWS FLASHES

Busy times! **My online Animal Communications class “Fur Folk Talk”...will be starting in Oct.** There will be 9 Zoom meetings where the “basics” will be covered in an easy, fun manner. This class will have a very special price since it is my “Beta”...**\$297!** My website will be up soon with offer. First 5 will get a great “bonus”. Want to sign up now? Just email me and I will send you the info pdf, then a PayPal invoice...be one of the first 5! My site also has a link for the pdf www.animalhearttalk.com then just email me for fee pay!

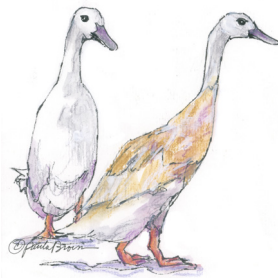
I also have the blessing to be one of 12 experts on “Heal Your Pain” online summit!! Keshie Mack and Sharmila Mali are your hosts. I am talking about how pets help us with our stress and lives. My interview is on Sept. 6!!! For the full FREE summit get access and sign up at: <https://paulajeanbrown.krtra.com/t/4bocaL3mp0rK>

WHERE?

I am one of the experts on “Heal Your Pain” online summit airing NOW! Listen into my interview on Sept. 6...I am giving away one free offer and one great offer for a “Fur Folk Why Quest”. Sign up here to get access...FREE:<https://paulajeanbrown.krtra.com/t/4bocaL3mp0rK>



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Just finished a 30 day / 30 minute “Art Challenge”. Was such fun to do with fellow painters! Here's Makana cat saying “hello”! And two Thai Running ducks. I offer Pet Essence Sketches capturing their energetics and colors.

All information to be used only (©) in this News sheet, contact me: paula@animalhearttalk.com with any requests



Fur Folk Talk

with Paula Brown, Animal Communicator / Heartist
My 9 week online beginner Animal Communications online class: email me for info: paula@animalhearttalk.com

“Mabon” (Stonehenge, Wiltshire, England) celebrating the second harvest and the start of winter preparations. The time to respect the coming dark while giving thanks to the sunlight. A Chinese folk lore Equinox belief is that one can balance an egg by its pointed end! Fall is a good time to take stock of both your and your pet's health. Get those yearly checkups, dental care, energetic touchstone reviews right now!

Present moment facts and tips for some Fall Fur Folk “homework”:

Your Pet Perk for “being in the present moment”: Read my blog post for “THE GIFT OF BEING IN THE PRESENT MOMENT”: <http://www.animalhearttalk.com/perks-pets-gift-present-moment#more-4289>

Saving your pet from choking!!

Time to brush up on life saving Heimlich Maneuver for your pet. From *Healthy Pets*: <https://healthypets.mercola.com/sites/healthypets/archive/2015/01/14/pets-heimlich-maneuver-cpr.aspx>

The present moment benefits from “talking to your dog”.

Why you should talk to your dog: *Medical News Today*: <https://www.medicalnewstoday.com/articles/321155.php?iacp>

Flower Essence tips for shorter days of Fall: Time to “re-coup”. The essences of Olive, Honeysuckle, and Yarrow will help restore energies. Hornbeam can provide new energy after the dog days of summer! Dilute Essences for your pet... email me for directions: paula@animalhearttalk.com

Check out Fur Shui's 2nd release: Larger format and Kindle. To purchase: [Fur Shui](http://www.furshui.com)