

“Animals don’t lie. Animals don’t criticize.

If animals have moody days, they handle them better than humans do.” *Betty White*

Happy Chinese (and Jan 1!) New Year of the White Metal Rat. This is a new beginning, plant seeds, jot down goals and how you are going to “get there”. A decisive, fast moving year! Close the “separation” gap between you and your fur love, start listening with both your head and your heart to all connections: sign up for my class! [www.furfolktalk.com](http://www.furfolktalk.com)

### EVENTS AND MY NEWS FLASHES

Offering a new “Fur Folk Talk” Beginner’s on-line class.! My next class will begin late March / Early April...great way to begin the new year. Be one of the first five and get a EARLY SIGN UP BONUS!!! Go to [www.furfolktalk.com](http://www.furfolktalk.com) AND, find out more about your own energies and your home’s energy for this “lunar new year”: *Check out Fur Shui’s 2nd release: Larger format and Kindle. To purchase: Fur Shui*

### WHERE?

Congrats to Chriss for snapping up my holiday pet essence sketch offer! Fritz the horse is now a quick sketch work of art...take a look at this beautiful Arab! Busy tweaking my on-line class Mastering Fur Folk Talk. What a great time we had connecting up with animals during my first class...now doing it all again...with even more joy of discovery and “how to” do this sprinkled with Huna (Hawaiian Shamanic tips) and guided meditations. I am amazed at the real magic my students experienced by listening and “talking” with fur folks. Keeping up with Plein air painting around the Southland of CA...nice to be in nature and capture its essence and connect with all sorts of creatures while painting too! Painting at the Carpinteria Salt Marsh Nature Park one finds lots of wetland / shore birds and a very “local” road runner too! Check it out: [http://www.carpinteriacoast.com/salt\\_marsh.html](http://www.carpinteriacoast.com/salt_marsh.html)



*Fritz, a champion Arabian says “hello”! You can see my “Quick Sketch Essence” movie on my home page: [www.animalhearttalk.com](http://www.animalhearttalk.com)*

### WHO, HOW, AND WHAT?

*Happy Chinese New Year of the Rat, Gung Hey Fat Choy!*

The new moon of January 24 (for the West...25 for the East) brought in the Chinese New Year of the Metal Rat. The rat is the first animal in the Chinese zodiac and marks new beginnings for all to find, create, enjoy. This is the new year I celebrate with its festivals continuing until the first full moon lunar cycle of this 2020. The elements of Metal (Rat) and Water (Yin for the Earth) for this year are compatible and aligned to create a very quickly flowing year in all aspects. Read my blog for more insights and links: <https://bit.ly/2RSN1Bc>

Be sure to do good deeds for this new beginning... for yourself and others and wish all a good new year by giving your good luck by saying Gung Hey Fat Choy!

### *Some nice warm tips for fur loves and you!*

Many of you are in the cold temps...and even SoCal is getting very cool evenings...tip from the **Great Plains SPCA** for pet safety including “check under the hood” for warmth seeking pets and animals! : <https://www.greatplainspcpa.org/top-10-winter-weather-tips-pets/>

**More tips for dogs (and humans too!) from Dogs Naturally Mag :** <https://www.dogsnaturallymagazine.com/15-winter-care-tips-for-your-dog/>

**AND tips for cats from AKC Re-Unite and Catnip Times (tips for feral and outdoor/indoor cats... increase food intake, moisturize with fish oil!):** <http://www.akcreunite.org/wintertimecats/>

**Connect with me for custom flower essence reads to help harmonize your fur folks during all seasons and changes...[paula@animalhearttalk.com](mailto:paula@animalhearttalk.com)**



*Plein air painting in the Carp Marsh...being “viewed” by local Road Runner critic!*